THE ROLE OF SPIRIMATUALITY IN ADDRESSING THE PROBLEM OF CORONAVIRUS (CAUSE, CONSEQUENCE AND SOLUTION)

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I. ANNOTATION

The article examines the role of spirituality in finding a way to solve the problem of the coronavirus pandemic. In this connection, an attempt is made to reveal the root causes, consequences and ways of solving the problem. It substantiates the fact that overcoming the root cause is associated with spirituality and in turn, overcoming the consequences is associated with quarantine measures.

The issue of coronavirus pandemic, which has produced the chance for humanity, is the most pressing problem today. It is a simple truth that the cause is a reason to solve any problem, because there is a reason for the cause. At the same time, if the coronavirus is an infectious disease, there is also a cause triggered by this disease, which is necessary to determine this reason. The scholar of medical science Ibn Sina (Avicenna) said that the cause of the disease should be treated, not the disease. For now, humanity is struggling the coronavirus pandemic with the consequences of the problem, and this is currently a proper approach, because mankind should be taken from destruction before the cause. The most optimal way to stop coronavirus are quarantine measures. The state is taking quarantine measures taking into account all responsibilities. The population is involved in solving this problem only when they follow quarantine rules. Because the most optimal way to eliminate the coronavirus is a quarantine isolation.

During quarantine, doctors, law enforcement agencies are self-sacrificing in the fight against coronavirus under the leadership of our President Shavkat Mirziyoyev. Our sociologists sitting at home following quarantine rules have the opportunity to deal with the problem. Sociologists should also use such an opportunity to fight the cause of the problem. Because no one can guarantee that a much stronger virus will not arise after the end of the coronavirus pandemic. Therefore, it is necessary to fight the cause as well as the outcomes. Considering above, we decide to proceed with this article. We think that we will be contributing to societies’ effort in the fight against Coronavirus, the common enemy of mankind.

The human society is formed in which the human body and heart are always surrounded by various threats. Such physiological threats to the human body include a variety of viruses and bacteria. For example, plague, cholera, black checher, bird flu, pig flu, Ebola and coronavirus are such threats. Such threats to human soul include immoral threat of immorality, dissoluteness, ideological threat of religious fundamentalism, and the threat of injustice of corruption. When combating such threats, the most effective way is to eliminate their causes and prevent the problem. To this end, it is necessary to effectively work hard aimed at the formation of immunity against it. In order to conduct preventive work, Vaccines should be created as a antivirus (opposite poison, serum) against the virus (poison). Today, the Covid-19 (Crowned poison) which is appeared in China in late 2019, is deeply concerned mankind. Because it is not yet developed antivirus against virus , and therefore it is impossible to carry out effective preventive work against it. As a result, millions of people are suffering from this disease, and in some cases the disease is ending with death.

To protect from coronavirus, you first need to determine what kind of virus it is and how it originated. It is known that most of all diseases of the human race come from within, while some diseases come from outside. It is possible to protect against an internal disease, but in the fight against an external disease, you will definitely need help from outside. Coronavirus is an infectious disease that comes from outside and needs outside help in fighting it. To do this, an anti-coronavirus antivirus must be created, but there is currently no such antivirus. Because this virus turned out to be a much stronger virus than its predecessors. This means that viruses are becoming more sophisticated and
more dangerous. The drugs currently available in medicine are not effective enough in the fight against coronavirus. As a result, according to media reports, about 3 percent of all cases end in death. These are mainly elderly people with weak physiological immunity. Therefore, in the fight against coronavirus, the main focus is on strengthening immunity. This means that the coronavirus is an infectious disease that has entered from the outside and is much stronger than before, and in the fight against it, the main focus should be on strengthening the immune system.

There are internal and external factors that strengthen the immunity of the human body (the ability to prevent disease). The external factor is the strengthening of immunity on the basis of various foods and medicines, and the internal factor is the strengthening of immunity on the basis of peace of mind. If a person loses peace of mind due to fear and panic, it leads to a sharp decline in his immunity. A person is deprived of peace of mind by his fear and panic, creating favorable conditions for the coronavirus to multiply. Because in the environment of fear, the cell in the human body weakens its ability to defend itself, and as a result, the virus poisons the cell. If a person is able to control his fears and anxieties and maintain peace of mind, then the immune system will be strengthened and the body’s ability to fight the virus will increase. To do this, first of all, a person must control himself, hope that he will not get sick by controlling panic and fear, and make sure that he recovers even if he gets stuck in a situation. Confidence is such a powerful thing that if a person is afflicted with an incurable disease, but firmly believes in recovery, he will surely recover.

In the fight against coronavirus, it is necessary to determine the factors that caused it. Its origin may be related to both the natural factor and the social factor. In both cases, its origin is linked to the impoverishment of spirituality in human society. For this to be understood, it will be necessary to determine the mechanism by which spiritual poverty can cause the coronavirus. Let’s say, if a coronavirus originates naturally, how does it relate to spirituality? In an environment where spirituality is poor, the balance between man and nature is disturbed. In other words, man is unable to restrain himself in the face of nature and treats it wildly, and as a result, the balance in nature is disturbed. That is when nature begins to take measures to stop the brutal treatment of humanity in order to restore balance. Once upon a time, nature was dominated by dinosaurs, a small invisible virus that killed giant dinosaurs when their dominance caused the possibility of disturbing the balance in nature.

Today, man dominates nature, and during his reign, as in the time of the dinosaurs, the balance in nature is disturbed. The global environmental problems that exist in human society today are a clear example of this. Unlike dinosaurs, man is a conscious being, but he is still savage to nature. The reason for this is the impoverishment of spirituality on a global scale, because without spirituality man is no different from the beast. That is why what makes a person human is called spirituality. Today, ensuring the harmonious development of knowledge and spirituality on a global scale remains a challenge. In other words, knowledge is increasing, but spirituality, on the contrary, is getting poorer. If man is wise on the basis of knowledge, he will be wise on the basis of spirituality. The difference between a clever person and a wise person is that a clever man draws conclusions from his own mistakes, while a wise man draws conclusions from the mistakes of others and thus protects himself from mistakes.

Today, intelligent and ignorant humanity is unable to restrain itself in the face of nature, treats it savagely, and by mistake makes it possible for itself to perish. Because man needs a certain favorable natural environment to live in, but a foolish man treats it savagely without taking care of it and destroys the natural environment necessary for life. The natural environment has become so degraded that it is now possible for nature to destroy humanity in order to restore balance in itself. Figuratively speaking, humans have caused a disease in nature, and if we say that humans are a cell of nature, nature is trying to destroy the system that causes the disease of the cells in order to save itself from destruction. The reason for such a tragic consequence, as we have noted above, has to do with the impoverishment of spirituality in human society on a global scale.

Now, if the coronavirus originated as a result of a human factor rather than a natural factor, let’s analyze how this relates to spirituality. Today, it is thought that the coronavirus was created in the laboratory by man as a bacteriological weapon. Even if this view is correct, its cause is related to the impoverishment of spirituality on a global scale. Only a man of poor spirituality can discover such a bacteriological weapon of mass destruction because he is an ignorant scientist who does not think of the consequences of putting his discovery into practice. Unfortunately, today there are ignorant scientists who are able to invent weapons of mass destruction, including bacteriological weapons, that could lead to the destruction of humanity. A person can be highly educated, a doctor of science, a professor and even an academic but at the same time he can be ignorant.
At this point we found it necessary to recall an ancient Indian Sanskrit tale about Brahmans. The three Brahmans gather and go to King Raja's palace to show what they are capable of. Then an ordinary man joins them and they continue on their way together. On the way, the bones of a lion appear in front of them, so that one of the brahmanas says that I can put the lion's flesh back in its place, another says that I can put the lion's skin back in its place, and a third says that I can put his soul into it. Then the fourth common man says don't hurry, I'll climb the tree first and then you'll show what you're capable of. The three brahmanas then resurrect the lion with their scientific power, but the giant lion eats the brahmanas after his resurrection. After the lion left, the common man fell from the tree and continued on his way. In this tale one can see the ignorance of the Brahmans, for they did not think of the consequences of putting their knowledge into practice, and perished from their discovery. Today, scientists who are discovering weapons of mass destruction, including bacteriological weapons, are as ignorant as realizing that Brahmans can die from a weapon they invented, just as they are ignorant that they can die from a lion. The reason for their ignorance, as mentioned above, is related to spiritual poverty.

Maybe scientists will create an antivirus that can defeat the coronavirus, but who can guarantee that ignorant scientists will not invent such weapons as new and more powerful. No one can guarantee this, and therefore the possibility of developing such a weapon remains. The creation of such a powerful virus could increase the likelihood of human extinction. Therefore, the main focus should be on eliminating the cause, because it is a simple fact that the cause cannot be eliminated as long as there is a cause. Therefore, as noted above, the great Ibn Sina wrote that the cause should be treated, not the disease. This means that the cause of the invention of weapons of mass destruction, which could lead to the destruction of humanity, must be eliminated. The reason, as noted above, is the impoverishment of spirituality on a global scale. In order to eliminate the cause, it is necessary to stop corruption, because in an environment of corruption, spirituality cannot be raised. Interestingly, the cause of corruption, which is a social disease, is also related to the impoverishment of spirituality. Where spirituality is poor, conditions are created for corruption, and corruption does not allow spirituality to rise in order to maintain these conditions. Because corruption as a disorder exists only in an unhealthy social environment, and such an environment only arises when spirituality is poor.

So the cause of the coronavirus problem is spiritual poverty, and the consequence is an infectious disease that can lead to the destruction of humanity, and its solution is to eliminate the cause on the basis of raising spirituality. Since the cause is moral poverty and spiritual poverty is corruption, then the main focus should be on stopping corruption. To do this, it is necessary to create a "vaccine of honesty" and vaccinate society, proposed by the President of the Republic of Uzbekistan Shavkat Mirziyoyev in his address to the Oliy Majlis on January 24, 2020 in the prevention of corruption. So it can be said that the “honesty vaccine” serves as an antivirus not only for corruption but also for the cause of the coronavirus. Spirituality plays a crucial role in the development of the Honesty Vaccine. Thus, while eliminating the cause of the coronavirus problem depends on spirituality, while eliminating the consequences of the problem depends on quarantine.

In this regard, it should be noted that the wise words of Imam Bukhari, the scholar of the science of hadith, "There is no salvation in the world except knowledge," should be improved in accordance with the requirements of the time. Because in the time of Imam Bukhari, the knowledge was salvation that protects people from destruction, but to this day, it has become impossible to save humanity by knowledge alone. The salvation of mankind today depends on knowledge and spirituality, as spirituality is impoverished on a global scale today. In the time of Imam Bukhari, spirituality was high, because at that time, people's behavior was formed on the basis of enlightened Islam. For more than a thousand years since the time of Imam Bukhari, religious education has weakened as a result of secularization (living in a world based on secular knowledge rather than religion). As a result, spirituality has become impoverished in people, because religious education plays a decisive role in the rise of spirituality. At the core of spirituality is the soul, and the soul is a religious concept and therefore religious education plays an important role in strengthening and purifying it. The knowledge of a man who is strong in knowledge but poor in spirituality serves dishonesty, not justice. Therefore, it is more accurate to say that the salvation of people today is in knowledge and spirituality.

Weapons of mass destruction, including bacteriological weapons such as the coronavirus, which can cause the destruction of humanity, are being invented by ignorant scientists with poor spirituality. In general, the emergence of human civilization is associated with the formation of spirituality, and therefore the impoverishment of spirituality can lead to the destruction of human civilization. While the cessation of coronavirus disease depends on quarantine measures, while the prevention of its occurrence, i.e. the elimination of the cause, depends on the raising of morale. Hence, the complete elimination of the threat of the coronavirus, and the question of the life and
death of mankind in general, depends on the raising of spirituality. Therefore, it can be said that the issue of raising spirituality is the most pressing issue that needs to be addressed on the basis of cooperation and partnership on a global scale.