RELATIONSHIP BETWEEN TIME KILLER AND TIME WASTERS AMONG TEACHERS

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ABSTRACT
The current examination is an endeavor to explore the connection between time killer and time wasters among higher secondary school teachers. An example of 100 government and private helped higher secondary school teachers of the two sexes in the city of Faridabad comprised the examination test. Five point likert- scale self-created surveys were created to gauge the time killer and wasters of higher secondary teachers. An important and positive connection between time killer and activity Disorganization, Experience Time Pressure, Inconsistency, Inefficiency, Frequently (measurements of time wasters) shows that time killer is altogether and decidedly associated with the capacity to time wasters of higher secondary school teachers.

Key words: Time Killer, Time Wasters, higher secondary school teachers

INTRODUCTION
The personal and professional qualities of a teacher influence their professional efficiency. More competent and dedicated teachers are required in the classroom because the best curriculum and the most perfect syllabus remain ineffective in the absence of a good teacher. The teaching profession inherently certain well-known self-obvious and implicit obligations, commitments and expectations from its members. Teacher education programmes prepare future teachers for lifelong learning and professionalism. To be professionals, teachers require a foundation of professional knowledge upon which to base instructional decisions. As professionals,
teachers must base decisions on systematic knowledge, foster enquiry and the discovery of new knowledge. Providing teachers with professional skills including education (knowledge of) and training (skill in) called as education of teachers.

A teacher education programmes prepare a teacher as more mature and confident to perform his task more efficiently. Proper education to the teacher enables him to have knowledge of how children grow, develop and learn, how they can be taught effectively and how their inner potentialities can be brought out and developed.

**Time Killer**

Time killer is that activity which kills one’s time. The teacher consciously performs certain activities knowing fully well that they are irrelevant or not appreciated activities (eg) gossiping, writing lengthy letters etc. Time killers are self-imposed. High on the list are trying to do too many tasks at the same time, spending time generously for others, misplacing things and searching for them and so on. If there are enough time killers in the day, teachers will not have sufficient time to do everything they want. Teachers should be beware of how they kill time, for all their future lives in it. Each new day ushers in new opportunities but whether they are elevated by them or not depends on how they allot the golden moments of time. An important step in improving the efficiency of time utilization is the identification of time killers and to overcome them which needs will power. Teachers sometimes complain that they cannot manage their time because their job, their organization, or they themselves are different. Repeated interruptions can give an exhausting sensation. The fact that most of the days are disorderly and disorganized, it may be because of their inefficiency, inconsistency and experiencing time pressure. If there are enough time killers in the day, they never have sufficient time to do everything they want. The five dimensions in time killers are explained below.

**TIME WASTERS**

Time wasters are those activities that will be considered to be anything that prevents the person from achieving objectives in the most effective way possible. Time waster is an activity which may be relevant or irrelevant but compelled to perform. The
Teacher cannot resist but do those activities. They are compelled by the authorities or the environment imposes their time wasting. (eg.) time spent on visitors, for communication, frequent calls from superiors, coping with unexpected incidents and situations.

While time wasters are universal, causes and solutions are personal and situation specific. Causes must be identified with one’s situation and solutions must spring from his/her own abilities and task boundaries.

**RELEVANCE OF TIME KILLER AND TIME WASTERS TO SCHOOL TEACHERS**

The nature of a teacher’s job makes it impossible to try to organize his or her time. Once the teacher is satisfied that the content of his work is right, he should turn to the way he organizes his time and ask himself whether he can improve his work.

Frequent interruptions can disorganize the teachers work, but the higher authorities can also hamper their work. Teachers were appalled at the unorganized nature of their activities the reasons for unnecessary fragmentation of their working day may be their own method of working, or others. (e.g.) misplacing things and keep searching for them, being unsystematic in daily activities, and spending extra time during coffee, tea and lunch breaks.

Most of the teachers experience the pressure of time of having too much to do in too little time. This is a reflection of their poor time management and requires changes in one perspective and action. There is a need to maintain perspectives in balancing short term demands against long term objectives, distinguishing the urgent from truly important and reprioritization of tasks to be done, and setting realistic time estimates.

Inefficient teacher is one who distinguishes between time being available for academic work and for socializing. It has been observed that a less desirable decision made in a timely fashion and implemented with discernment may result in far more progress than best decision which is first delayed and implemented with inefficiency.
Inefficiency could be due to a desire to build gay image, or a genuine desire to help others, and also due to lack of careful plan for action and not listing agenda priority wise, thus the next step cannot be discerned. Inefficient teachers have the presence of over developed sense of sympathy, understanding, self-sacrifice or impulsive generosity, or even a false sense or obligation, leading to inability to terminate visits on keeping people long after they have completed the task.

NEED FOR THE STUDY

Time has become a steady wellspring of concern and available resources of dealing with this sunk resource have gotten critical to teacher today. Thusly, the issue isn’t the time, however how your restricted offer is utilized. Absence of time is, consequently, a fantasy which is commonly because of exercise in futility, for example, helpless correspondence network, adapting to mishaps and unforeseen circumstances, and so on.

In spite of its valuable worth and tremendous potential, teachers burn through nothing with the foolishness of time. Teachers need to adjust the requests of family and individual existence with educating assignments. Not every person is prepared to confront these diverse time prerequisites. A few teachers constantly became excessively occupied and disappointed at not having the option to do as they might want. Others are gravely sorted out and forget about what they ought to do.

OBJECTIVE OF THE STUDY

1. To find the relationship between time killer and time wasters among teachers.

HYPOTHESIS

1. There exists significant relationship between time killer and time wasters among teachers.

RESEARCH DESIGN
The present study “Relationship between time killer and time wasters among teachers” has been conducted in two phases, the first is exploratory in nature and the second is experimental.

**SAMPLE**

A sample of 400 Aided, Government and Private higher secondary school teachers, belonging to both sexes in the Faridabad City constituted the sample of the study.

**Instrument**

A similar specialist created a time killer poll on a five-point likert to scale to quantify the time killer to higher secondary school teachers. The time size of killer has 25 proclamations.

**Analysis of Data**

The relationship between time killer and wasters (dimension-wise) of higher secondary school teachers was analyzed by applying Karl Pearson’s Product Moment Coefficient Correlation and given in following table 1.

**Table 1: Relationship between time killer and wasters (dimension-wise) of higher secondary school teachers.**

<table>
<thead>
<tr>
<th>Dimensions of Time Killers</th>
<th>Dimensions of Time Wasters</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Organizational Work</td>
</tr>
<tr>
<td>Disorganization</td>
<td>.741**</td>
</tr>
<tr>
<td>Experience Time Pressure</td>
<td>.739**</td>
</tr>
<tr>
<td>Inconsistency</td>
<td>.200**</td>
</tr>
<tr>
<td>Inefficiency</td>
<td>.739**</td>
</tr>
<tr>
<td>Frequently</td>
<td>.218**</td>
</tr>
</tbody>
</table>

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Absenteeism

| Overall | .677** | .662** | .471** | .653** | .444** | .714** |

CONCLUSION AND RECOMMENDATIONS

All dimensions of time killers are positively related to time wasters. ‘Organization Work’ ‘Administrative Work’ ‘Managerial’, ‘Facilitator’ ‘Personal Work’ are negatively and highly and positively correlated with overall time killers. The other dimension of time killers are also positively correlated to all the dimensions of time wasters. This shows that time wasters play an important role and affecting the time killers of school teachers. The study also points out that the effect of time killers and time wasters on teachers reduce as their time consciousness and time management skills as well. Time wasters and time killers are those activities which are within the hold of the individual and could be minimised by better use of time and better management of time. A teacher, who manages his time killers, such as better organization of activities, not feeling time pressure, being consistent, being efficiency and avoid absenteeism may reduce their time wasters activities such as less involvement in organizational work, less participation in administrative work, less role in managerial and facilitator, and does not involve in his personal work in school time can improve his killers. Thus, it is quite obvious that effective utilization of time killers leads to lowering of the effect of time wasters.
REFERENCES


