AL-QURAN BASED PARENTING EDUCATION FOR PARENTS WHO WORKED IN PANDEMIC COVID 19

Herwina Bahar1, Iswan2, Venni Herli Sundi3, Linda Astriani4
1University of Muhammadiyah Jakarta, South Jakarta, Indonesia. E-mail: wina_bahar@yahoo.com
2University of Muhammadiyah Jakarta, South Jakarta, Indonesia. E-mail: iswanfipumj@gmail.com
3University of Muhammadiyah Jakarta, South Jakarta, Indonesia. E-mail: vennysundi91@gmail.com
4University of Muhammadiyah Jakarta, South Jakarta, Indonesia.

ABSTRACT
Parenting education is a synergistic program implemented by parents and teachers at schools. This program is very important in supporting the learning process of children at home, because parents are the first and foremost educators, while teachers help parents realize the success of their education. The purpose of this study is to examine and analyze the perspective of parents who work but must accompany their children to study at home during the Covid-19 pandemic. This study is based on the Al-Quran as a basis for strengthening the concept of parenting education to realize educational goals. This study uses quantitative methods, with 56 respondents working parents. The results of this study indicate that 77% of parents understand the concept of parenting education. This is indicated by 55% of the implementation of parenting education is good, even 45% gives very good responses. 89% of parenting patterns are implemented in a democratic manner, this is very beneficial for the success of children in learning, as evidenced by 93% of parents accompanying them to study at home. 82% of children's learning concentration is disturbed when studying at home, this can be overcome by parents by making effective communication which is shown 98% well and very well. The facilities prepared by people are special times and special rooms. Parenting education is carried out very well through exemplary, communication, and strengthening worship to Allah SWT. As evidenced by 93% of parents accompanying them to study at home. 82% of children's learning concentration is disturbed when studying at home, this can be overcome by parents by making effective communication which is shown 98% well and very well. The facilities prepared by people are special times and special rooms. Parenting education is carried out very well through exemplary, communication, and strengthening worship to Allah SWT.


I. INTRODUCTION
The education of a child is very important education, especially for their future or the future of the Indonesian nation. Children are a mandate for their parents, the process of children's education needs to involve several parties, from parents, teachers, the environment, and even the government. Therefore, children's education is not only the responsibility of parents, so that teachers or educational institutions need to build bridges for effective results in the implementation of parenting education, especially those in the Lab School FIP-UMJ. Parenting education is a capital in a family where parents see and assess themselves, their children and the situation in their environment. Parents have a role in educating and raising them to ensure the success of their children in the future. So this is a concern for parents and teachers in accompanying their children to study at home, especially
for parents who work especially during the Covid-19 pandemic, where their children have to study at home and be accompanied by parents.

The goal of parenting education is to build the minds of parents so that they are able to build their children, to build a work team for their children's teachers, as well as to realize educational goals so that children can succeed in achieving their goals. The Parenting education program is a means of involving parents in school so that it has many benefits (Amini Mukti:109). Parents want to make their children grow in totality, but feel helpless, due to a lack of knowledge or experience in educating children. On the other hand, the educational challenges and problems that are currently developing affect the mental state of children, especially during the Covid 19 pandemic, where there are limitations in interacting with teachers, friends and just staying at home. Parenting education is currently very much needed for parents, to provide knowledge, experience and information in educating children properly and correctly, especially learning assistance at home for working parents. Parental education which is based on when parents are equipped with new knowledge, so that it will reduce their distress and make positive changes in the attitudes of parents, especially in changes in behavior. These positive changes will change the behavior of parents and help parents be creative in caring for their children (Glimer Cyndi etc.: 2016).

One of the goals of parenting education is to increase the knowledge and skills of parents in implementing good parenting so that children have good personalities. Bringing together the interests and desires of families and schools, so that character education in schools can be developed at home. Two perspectives between education at home and at school need to be in line and in line, for that the learning process in schools is carried out professionally by increasing teacher competence, through training activities so that they master learning methodologies and curriculum development as well as have the ability to realize an educational framework in the environment of students. (Rozek Marlene, Claus Dieter Stobaus: 2016). Al-Quran-based parenting education is an effort to guide and educate children in accordance with Islamic values based on the Qur'an and Sunnah and is a basis for strengthening the roots or basic foundations of their education. The strains of salawat and Islamic advice, remembrance sentences and chanting of the Koran when lulling children are rarely heard. Even parents no longer have the opportunity to teach how to and pray with their children. This is quite concerning for the sustainability of their character, in the process of education, religious, moral and social, emotional is not well utilized.

II. LITERATURE REVIEW

The low mental and spiritual resilience will weaken it in facing the attacks of foreign cultures, especially western culture, from day to day, increasingly showing antipathy to religious morals and social emotional through various media that can be accessed directly by children. Meanwhile, the mental and moral growth of children has received less attention from parents, society and government. Meanwhile, children's future is very much determined by the early education process they get. This is according to the word of Allah below:

\[
\text{ﻭَلْﻴَﺨْﺶَ ﺍﻟﱠﺬِﻳﻦَ ﻟَﻮْ ﺗَﺮَﻛُﻮﺍ ﻣِﻦْ ﺧَﻠْﻔِﻪِﻢْ ﺫُﺭﱢﻳﱠﺔً ﺿِﻌَﺎﻓًﺎ ﺧَﺎﻓُﻮﺍ ﻋَﻠَﻴْﻬِﻢْ ﻓَﻠْﻴَﺘﱠﻠُﻮﺍﻭ}
\]

Based on the word of Allah SWT above, it is important for each party to prepare a generation that is strong, knowledgeable, faithful and has good character. This becomes important for children's education because children are a mandate for parents from the process of birth to development. This responsibility is not only for parents but also important for teachers, society and government. For this reason, children's education must have a strong basis, which is based on the Qur'an, especially children's education for working parents.

Family education is the main and first education that becomes the foundation in the learning process in schools. The way parents act as parents to their children in which they do activities actively is called parenting. Family is the environment that is known by children for the first time and so on to learn in family life (Gunarsa: 1995). Parenting Education as a Family-Based Early Childhood Character Education Model "the role of the institution is not only to provide education for its students, but also to provide education and insight about parenting education which is called the Parents Meeting Group (KPO) (Rohina.2016). Indonesian parents are more involved in their children's learning at home than at school, parents in urban areas are more actively involved than parents in rural areas, and parents with secondary and high levels of education show more active involvement than parents with high levels of education. Low level of education (Yulianti. 2019), this is very important for parents who work to educate their children to study at home during a pandemic. The materials that are relevant in parenting education
are: changing the paradigm of children, exploring children's abilities, finding children's talents, choosing the right school, and becoming a teacher for children. (Chatib: 2012).

This parenting education program must have good cooperation between parents and the school, so that there is harmony between the two parties. Types of parenting education programs such as Parenting Gathering, which is a meeting of parents to discuss school programs related to fostering parents and students. Thus parenting education is a form of parenting that is right for students, Good parenting makes an important contribution to preventing mental health problems for children and children's well-being as well as achieving learning achievement (Hutchings Judith: 2018). The problem faced by working parents and students in overcoming learning at home, especially during the Covid-19 pandemic, is the control of learning materials and learning methodologies that are not fully understood by parents, besides they also have to work. Parents have an important role in the continuity of their child's education process, but not all parents have the opportunity or have the same knowledge about their child's growth and development or their socio-religious development. Attitudes and parental care, either directly or indirectly, will affect the child's emotional control ability. A coordinated approach involving school and family is essential for successful education (Bernal Aurora etc., 2011). This collaboration provides satisfaction for teachers and parents. Mutual support and the satisfaction it generates is especially important in the field of education. Good parenting in the family can actually make a child have good intellectual and physical abilities, including emotional and social development (Purnama, 2016). In this context, the need for material for children's emotional development in parenting education so that parents can play a role as good emotional teachers (Gottman and De. Claire:2013).

Parents at home are not to replace all the roles of teachers at school, but accompanying their children's learning at home is an interesting thing to do while strengthening communication and education in the family. As parents, they must find the most effective and accurate way to accompany their children to study at home, so that learning will feel fun, even though it is done at home. This is very understandable, because basically not all parents have knowledge of learning methods, they assist their children to study at home based only on parental intuition as primary educators, in addition to carrying out their duties of earning a living and other household chores. With this parenting education program there must be good cooperation between schools and schools. so that there is harmony from both sides of the process and development of children's education. There are a number of advantages to parenting programs. These include: (1) providing support to parents whose children have no problems but who care to care for their children in a way that gives them the best results; (2) facilitates access to evidence-based information for parents who face common daily parenting challenges, but are not currently receiving services; (3) impact social norms by promoting positive parenting principles; and (4) support parents in encouraging positive child development (1) provide support to parents whose children have no problems but who care to care for their children in a way that gives them the best results; (2) facilitates access to evidence-based information for parents who face common daily parenting challenges, but are not currently receiving services; (3) impact social norms by promoting positive parenting principles; and (4) support parents in encouraging positive child development (1) provide support to parents whose children have no problems but who care to care for their children in a way that gives them the best results; (2) facilitates access to evidence-based information for parents who face common daily parenting challenges, but are not currently receiving services; (3) impact social norms by promoting positive parenting principles; and (4) support parents in encouraging positive child development (Hutchings Judith etc, 2018).

III. METHOD

This research is a qualitative study using a survey method. according to (Sugiyono:2012) survey method is a method used to describe or analyze a research result but is not used to make broader conclusions. This study took a sample from one population and used a questionnaire as a data collection tool. The population of this study were parents of students at the FIP UMJ Lab School, with a sample of 56 working parents. The data was collected using a measuring instrument, namely a structured questionnaire instrument. Data collection techniques, namely: by arranging instrument lattices that refer to research variables then making question items based on the lattice given. The data analysis used the percentage technique where the method used was to see how much the respondent's response frequency tends to be. The percentage technique uses the procedure below: a) Data checking Checking the data obtained in the research instrument by checking the completeness of the respondent's answer. b) Data classification Classify data based on defined criteria in order to facilitate data analysis. c) Tabulation of data based on classifications made d) Calculating the frequency of answers / data e) Calculating the percentage using the percentage technique of each data obtained f) Visualizing data in table form g) Interpreting data according to research questions.
The percentage technique used in this study uses the following formula:

\[ P = \frac{F}{n} \times 100\% \]

Information:
- \( P \) = percentage amount
- \( F \) = frequency of answers
- \( n \) = total number of respondents

After the percentage, the value is included in the percentage calculation criteria.

IV. RESULTS AND DISCUSSION

This study involved a sample of 56 parents of the Lab School FIP-UMJ students who worked. This research was conducted on August 30, 2020, with a webinar and then the researchers took the data using the instrument. Based on the results of the instruments that have been distributed to parents as primary educators and the first results are obtained as follows:

As many as 77% of parents understand the meaning of parenting education, and 23% of parents are very familiar with parenting education. This shows that parents understand the importance of parenting education.

Parenting education carried out at the Lab School FIP-UMJ, the implementation was very good according to parents. It can be seen from the results, namely as much as 55%, and 45% of parents felt good results with the parenting education program implemented at the Lab School FIP-UMJ.
There are several patterns of parenting at home, namely democratic, permissive and authoritarian. As many as 89% of parents have democratic parenting at home, 7% permissive parenting and 4% who practice authoritarian parenting.

During the Covid pandemic 19 students carried out learning at home. As many as 93% of the learning assistance at home was accompanied by parents. As much as 3% of the learning assistance process for children at home is accompanied by relatives and household assistants.

In the learning process at home there are difficulties faced in the learning process, as many as 82% of parents feel that the difficulty that is often faced in learning assistance for children at home is the concentration of children.
14% of the difficulties faced are learning material and 9% of the difficulties faced in the learning process of children at home are signals.

In implementing the online learning process, communication between parents and teachers is an important solution. In the FIP UMJ lab school as much as 53% of communication between parents and teachers went well, and as much as 45% of communication between parents and teachers went very well.

The learning process at the parents' house prepares facilities to support learning at home. 61% of parents prepare a special time for the learning process at home. 20% of parents prepare a special room for their children to study at home, and 14% of parents give their children whatever they want in the learning facility at home.

In order for learning at home to be more conducive to children's learning time at home, it needs to be applied. So as many as 64% of parents study their children at home in a day according to the school schedule. 11% of children's study time at home is 3-4 hours, and 16% of children's study time at home is unscheduled.
Positive parenting that is carried out at home includes parenting, effective communication, and strengthening and increasing worship. As many as 82% of parents carry out all these treatments at home.

In the parenting implementation process, there are several obstacles that arise. As many as 84% of parents' busyness is the obstacle faced, 11% of the obstacles faced by parenting education are the lack of socialization to parents. 5% of the obstacles faced in parenting education are communication is not smooth and the parenting program is not running well. The learning process pattern applied by parents at home is very important for children's growth and development, especially for parents who work where they have to accompany their children to study at home during the pandemic. The learning process patterns of parents and teachers need to be synergized so that children feel comfortable in the educational process.

V. CONCLUSION

Parenting education Al-Quran based for parents who worked during the Covid-19 pandemic which was held at the Lab School FIP-UMJ, by means of researchers giving webinars to the parents of students who worked and then the researchers provided a survey instrument to respondents. Respondents in this study were 56 working parents. With the results of a survey where 77% of parents understand parenting education. 55% of the implementation of parenting education at the Lab School FIP-UMJ is good, as many as 89% of the pattern of child care at home is done democratically, 93% of students are accompanied by their parents at home. The difficulty that is often faced in learning assistance for children at home, as much as 82%, is the concentration of children. 53% of teacher and parent communication went well. 61% of students have a special time for learning at home.

REFERENCES


